

Activities



Unlimited

Volume XXVI Issue X

October 9, 2012

Monthly Meeting

MONTHLY MEETING – Tuesday October 9th

Back to our normal schedule of meeting on the second Tuesday of the month, the meeting this month is the annual Breakfast meeting held at THE BRICK HOUSE. The Brick House is located at 179 Godwin Avenue in Wyckoff. Breakfast starts at 9:00am with coffee service available a half hour before. The cost is \$9 per person and checks should be sent to our 2nd VP, **Don Wasson** no later than October 2. His address is 14 Appert Terrace, Mahwah, NJ, 07430. We have an interesting presentation on “Maximizing Your Memory” given by Ms Sophia Heftler from Distinctive Care in Ramsey and Ridgewood. If you have forgotten to send in your check for the breakfast, you really should be attending this meeting.

Reminders

Anyone planning to go on the Oct 3, 2012-Mount Airy Lodge trip, remember to bring a photo ID with you.

AU Christmas Party

This years Christmas Party will again be at **The Seasons** on Monday December 17th. The cost will be only \$1.00 more than last year.

Forms for the party will be available at both the October and November meetings and will appear in the November newsletter. See Trips and Tours for more information.

JOE'S JOTTINGS

Just a quick reflection on the role of AU in our lives.

What does AU mean to each of us?

We wake up and feel some aches and pains, which all of us have.

Then we log onto our system and glance at the AU Newsletter which just arrived. Or, perhaps, we still receive a hardcopy and find a copy in today's mail.

We peruse the articles for something of interest. We glance at the activities offered. Perhaps a hike catches our attention, or a meeting of the Stock Market Club, or the Investment Club. A game of chess or bridge may sharpen up our thought process. Perhaps we would like to catch up with current events by attending a meeting of the Public Discussion Committee. A captivating meeting of the Science Club may scratch our attention, or a round of golf may be just what we need. A meeting of the Model Railroad Club may rekindle a long lost interest in model trains.

Whatever activity captures our interest, we pick out one or two (or more), and find our way to those events.

We find the activities meaningful and stimulating. The friendships we rekindle are real. We find that this was a worthwhile investment of our time. We are glad that we attended.

For a short while, the aches and pains are farther away. The problems we all have are a bit more remote. In fact, we had a good time.

Food Pantry

At the September meeting, \$232.00 was given as donations to the Food Pantry.

The Deadline for the September Newsletter articles is **October 30, 2012**. Please remember to use my new email address: **lguarneri03@gmail.com**
Or mail to: **Lou Guarneri**
128 MacLeish Court,
Mahwah, NJ 07430

	Officers		Meeting
President	Joe Kelly	891-8026	2nd Tue 11am
1st Vice-Pres.	Frank Nusspickel	891-9099	
2nd VicePres.	Don Wasson	891-1873	
Secretary	Joe Meighan	891-4909	
Treasurer	Herb Umland	891-6638	
Asst. Treas.	Jim Jeffers	891-9603	
	Committees		
AU Guys	John DeSantis	447-0256	
Book Club	Joe Clinton Joe Infosino	447-2261 337-5442	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	Joe MacDougall Wes Cheringal	891-4048 848-8009	Wed 1 pm M,F 1 pm
Digital Camera	Ed Trerotola	236-1368	
Care-Concern	Joe Clinton Paul Hennion Don Martin	447-2261 891-4716 891-2279	
Chaplain	Rev. D. Bach	891-1782	
Chess	Bill Schultz	891-5327	3rd Thru 9:30
Gardening	Joe Lamela	327-8137	1st Wed.10:00
Golf	Bruno Bissetta Guy Cappello	891-7567 891-0617	Tuesday Thursday
Hiking	Don Kirkpatrick	337-5666	Mon 9:00
Historian	Dom Manobianco	891-7185	
Investment	Herb Umland	891-6638	2nd Thru 9:30
Model RR	Lou Guarneri	847-1981	Wed. 7PM
Membership	Dick Gattoni Walt Widmer	652-0064 562-8666	
Newsletter	Lou Guarneri	847-1981	
Project Outreach	Marty McGonigle	529-1941	
Photographer	Chuck Bainbridge	447-2910	
Public Disc.	Walt Widmer	562-8666	4th Fri 9:30
Refreshments	Hank Boucher Frank Turi Andy Grace	445-2633 973-513-9117 337-4360	
Science	Jack Yurasek	337-4433	3rd Tues 10.00
Skiing	Bud Brooks	327-6649	Snow
Sponsor Liaison	Mike Wolff	891-4426	
Stock Market	Ramon Casaprima	891-3394	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco	891-7185	MWF
Transport.	Ron Miller	891-5734	
Trips/Tours	Lou Guarneri George Lewis	847-1981 891-5883	2nd Tues 10:30



Duplicate Bridge Results

		1st	2nd	3rd
9/5	NS	Verdi/Reed	Desrosiers/Wiest	Green/Riccardi
	EW	Finn/Chapman	Freimuth/Martin	Milcos/Foley
9/12	NS	Freimuth/Verdi	McGuire/Page Gren/Hulit	
	EW	Gattoni/Mahmarian	Lewis/Smith	Reed/Riccardi
9/19	NS	Gattoni/Hulit	Foley/Smith	Chapman/Gilpatrick
	EW	McGuire/Riccardi	Reed/Wiest	Verdi/Warner
9/26	NS	Mahmarian/Wiest	Cheringal/Hausman	Socolf/Verdi
	EW	Freimuth/Green	Finn/Sileo	Foley/Warner

AARP Safe Driving Course

AARP in conjunction with Toyota Motor Corporation is offering a free Safe Driving Course to all Veterans and their spouses. Cost for non veterans but AARP members is \$12.00. For non veterans that are not members of AARP the cost is \$14.00. Date is November 30, 2012 from 9:30AM-3:30PM; to be held at the Wyckoff Reformed Church, 3rd floor. Bring your lunch (and snacks). A Certificate of Attendance will be issue to each participant at the end of the course which could entitle you to a 5% discount on your car insurance (for three years) and a reduction of up to 2 points from your driver's license if you have more than 2 points on it now. Space is limited to 28 persons.

A sign up sheet will be at the Oct and November meetings or contact **Frank Conte 201-891-7980**

Remember to bring your Driver's License with you.

We suggest you make a donation to the WRC Food Panty.

Obituary

GEORGE NUKK 1938 - 2012

Though a relatively new AU member George enjoyed the activities and events he participated in. From Brooklyn Tech High School the big guy earned a football scholarship to Cornell graduating in 1961 with a Mechanical Engineering degree and later received a MBA from Columbia. He served in the NJ National Guard and in 1985 left corporate life to start his own company G&M Roofing in Hackensack. His three children adored their father and gave him nine grandchildren which he treasured. He was diagnosed with leukemia in March and his legacy to us is a reminder to live each day to the fullest.

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Home/Email
Mario Selvaggi	428A Bromely Place Wyckoff, NJ 07481	NYPD Chief	Digital Cameras, Golf, Trips and Tours	Home: 201-485-7575 Cell: 845-608-2300 mario35@AOL.com



The Book Club

The Garden Club



On Sept. 19, we had our first meeting of the new Book Club year. We welcomed **Joe Pullaro** as a new member. Each member was asked to recommend 2 books, creating a list of 23 books, a good mix of fiction and non-fiction. From this "master list" we recommended books for October and November. Members can still recommend books at future meetings and these will be supplemented from the remaining books on the "master list."

Books for October: Quiet (Susan Cain)
A Night to Remember (Walter Lord)
In the President's Secret Service (Ronald Kessler)

Books for November: Inside Scientology (Janet Reitman)
Calico Joe (John Grissom)
Rendezvous (Patrick O'Brian)

30 books were recommended this past year. Congratulations to **Lee Warner** for having read the most books (18), followed by **Joe Clinton** (17) and **Ed O'Keefe** (14).

To Kill a Mockingbird (Harper Lee) collected the most votes for Best Fiction. Man's Search for Meaning (Victor Frankl) garnered the most votes for Best Non-Fiction. To Kill a Mockingbird easily won the title of our Book of the Year.

Next meeting: Wed, Oct 10, at 9:30am at the Larkin House.

Joe Clinton bhagan185@aol.com

AGENDA:

- * Fall season (show and tell experiences from members present)
- * any new vendor information?
- * Information and exhibits from chairman: hydroponic workshop - sample of lettuce
- * Deer virus warning
- * Impatient plant blight
- * Callicarpa (beauty berry) - sample
- * striking new coleus type plant- sample
- * INFO ONLY - Harvest Festival at Overpeck Park: Oct. 27 & 28, from 10 AM to 4 PM (will give more details at meeting)
- * Status of trips - What is your pleasure?
- * Unmet Needs
- * Adjournment

JOE

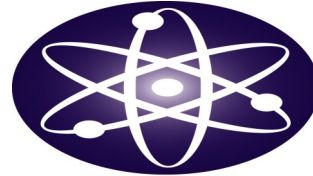
Opportunity to Play Racquetball

Tired of paying an outrageous price for a minimal amount of tennis in the winter? Join us and play racquetball! We're a group of 10 (when everyone is there, not injured, snowboarding, or traveling) congenial players that play at the Odyssey Athletic Club in Waldwick. We play year round on Mondays, Wednesdays, and Fridays at 8 a.m. There is no structure and whoever shows up, plays.

If it's been a while since you've played, that's ok. We'll help you get up to speed. Also, there is a fair difference in playing ability and so we usually mix it up to make the game challenging and fun for all.

The club offers a senior rate which allows you to play an unlimited amount of racquetball and the use of their extensive fitness equipment. To find out more please contact AU members: Chuck Dye – 201-891-5173 c.dye@verizon.net or Ed Finn – 201-825-1350 e.finn@verizon.net or Herb Steiner – 201-543-7809 thesteinersnj@yahoo.com

The Science Club



Science

At the S/C meeting on September 25th, **Peter Griffin** updated information from his presentation several years ago on Population Growth problems (from 7 billion on earth now to 9 billion by 2050), with implications on Environmental issues, Fuel, Food, Potable Water, Jobs, and Housing. Unfortunately, there do not appear to be any simple solutions, and while it was noted that Western Europe (including Russia) and North America have stabilized their birth rates, severe problems continue in Africa and other undeveloped nations.

On the first Saturday in October (10/6), the Science Club will visit the LaMont-Doherty Earth Observatory in Palisades, NY (close to Alpine, NJ), for its annual Open House. Several members of the S/C have attended the Open House previously, which includes opportunities to view exhibits and speak to professors etc., and they have indicated the trip is a 'must see/return'. The trip will be by private car, with the exhibits starting at 10 AM. Sign-up Sheets, including driver volunteers for the trip were distributed at the September 25th S/C meeting. All AU members and friends are invited on this trip.

During November, probably the first Thursday (11/1/12) a Trip is planned to the Liberty Science Museum. If interest is sufficient, a Bus Trip can be arranged. Information and sign-up Sheets for the trip were distributed at the September 25th meeting, with final info and Sign Up at the October Brick House Breakfast Meeting (10/9/12). Again, all AU members and friends are invited on this trip.

At the November S/C Meeting, Tuesday (11/20/12), Bob Saletta will give a very timely talk: Astronomy—History, Developments, and the Future. Subjects will include: Big Bang, Galaxies, Stars, Black Holes, Dark Matter, Microwave Background Radiation, Aliens, Space Exploration, and more.

At the December S/C meeting Tuesday, 12/18, Dr. Ronald Cauchard (an Optometrist whose Office is in Wyckoff) will update us on current testing approaches associated with Cataract and Glaucoma eye issues. Dr. Cauchard's talk will emphasize 'early detection' of these problems, which are of special importance for seniors. He will also discuss new type sophisticated computer controlled diagnostic tools.

Note that we continue to need volunteers to give S/C talks. Please contact me to discuss ideas for future talks and suggestions to improve the Science Club, as well as any additional information on the two trips planned for the fall.

JACK YURASEK (201-337-4433)

ACTIVITIES UNLIMITED WEBSITE

Our member, **Don Kirkpatrick**, has been working with the Board of AU to create a new website for Activities Unlimited. This website will replace our existing one (yes, we did have one) and it promises to be very useful for our members and to recruit new members. It is very much a work in progress but the basic format is there for members to see. It can be accessed at www.activitiesunlimited.org or through Google by searching for "activitiesunlimited.org". Briefly, there is a Home Page that will have some general information and current news items. Across the top of the Home Page are links to other sections for "Activities", a "Calendar" of scheduled events for the month, the "Newsletter" with current and past editions, "Trips & Tours" for their events, "Membership" with a membership roster (available only to members), and a page to "Contact Us" to be used by members and non-members.

The next major undertaking will be to work with the committee / club chairmen to populate the website for each activity so that it meets the needs of each of the activities. It can be used to publish events, both past and future, including pictures and other information. Trips and Tours will be able to publish future events and include a link to other sites for more information on planned tours. Pictures of past trips and tours can also be included.

The above is only a brief introduction to the possibilities of the website. Don has done a great job so far but we will need the help of other members to make it a first class website. Everyone is invited to visit the website. Comments and suggestions are encouraged and can be discussed with **Frank Nusspickel** (201-891-9099) or any member of the Board. When further developed, we will have a full presentation of the website at a future membership meeting with a walk-through on how to use it. Let's work together to make this a truly great and useful website.

Investment Study Group

Two Important Dates: at WRC

(1) Registration Date –October 11th 9AM to 11AM

(2)Investment Review Day –November 8th Hourly By Appointment 9Am to 5:30PM

Details

Registration Day at WRC in the Hall. All AU members wishing to participate in our Investment Review Day can register on a first come first serve basis for the opportunity to meet one-on-one with one of nine (9) investment professionals (IP's) that have agreed to meet with a maximum of 8 AU members for 45 minutes each, to review the investment portfolios/asset structure of the individual member. Hopefully the AU member has submitted the information requested directly to the investment professional at least **10 days** in ADVANCE of the meeting date. If the information is submitted in advance the meeting should be much more productive for the AU member! The IP's will answer questions, review the portfolio and offer ideas and comments based on the information that was submitted. This will be done without cost or obligation to our AU members.

(2) Investment Review Day

By appointment AU members (and their wives-optional) will meet in a separate room at WRC and spend 45 minutes with one investment professional (IP) who will provide ideas, comments and suggestions on the financial investment information provided by the AU member.

Obviously, the more the **IP** knows about you in advance and after a brief review the more ideas and comments he can offer. These scheduled 45 minute meetings will begin promptly at 9AM and continue at 10AM, 11AM, 12:30, 1:30, 2:30, 3:30, and 4:30 thus

potentially giving (8 hours times 9 IP's equals 72) 72 AU Guys the opportunity to get an independent portfolio review at no cost. Any and all financial information provided in advance will be mailed by the AU member directly to the individual professional that he is scheduled to see.

Questions- Please call Herb Umland 201-891-6638 or email humland@optonline.net

Four other AU guys are helping with this effort –**Ken Frisco, Gerrit White, Chuck Dye and Ed Fleischman** and I thank them for their help !

The names and firms of the participating Investment Professionals are listed below!

Activities Unlimited Investment Day, Nov. 8, 2012

Attendees- Investment Professionals

Robert Collesano, Merrill Lynch, Montvale

Tom Reichert, Morgan Stanley/Smith Barney, Ridgewood

Robert Kleiber, Compass Financial Management, Parsippany

Charles Lieberman, Advisors, Capital Management, Hasbrouck Heights

Mark Cortazzo, Macro Consulting, Parsippany

Robert Mosera, Wells Fargo Advisors, LLC, Paramus

Brian MacArthur, JP Morgan Private Wealth Management

Erik Vadeika, Peapack/Gladstone Bank Wealth Management

Tim Parker, Regency Wealth Management, Midland Park

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

Wednesday Oct 3, 2012-Mount Airy Lodge--- MYSTERY SHOW, at Mt. Airy Casino. PA. The Show is Grandpa Tony's Funeral. This original comedy takes place at a Mafia Godfather's funeral. Audience members enter thru a metal detector, offer their sympathies, and act as pall bearers. Tony was shot and rumor has it the killer is at the funeral. The real question is who will be the next Don? The cost for this trip is \$40. pp. and includes the Bus, a Buffet, the Mystery Show and \$25. in slot play. **The casino requires a photo ID for the \$25.00 in slot play.** Make checks payable to AU and mail to **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ 07430. (201-825-5843). The Bus will leave WRC at 9:15 am and return after the show.

Tuesday, October 23, 2012: OKTOBERFEST at Platzl Brauhaus in Pomona, NY. A day of Music, Dancing, Entertainment and, of course, Food. On arrival as a starter: Coffee, Tea, Scones and Donuts. For Dinner at noon there is Barley Soup, Salad, Rolls, Bread & Butter, followed by a choice of Roasted Half Chicken, Roast Pork or Sauerbraten, Potato and Vegetable. Also served Family Style: Bratwurst, Spare Ribs, Red Cabbage, Sauerkraut, Applesauce and Fresh Apples. Ice Cream, along with Coffee and Tea, Beer, Soda and Apple Cider will be served from Noon to 5PM. At 4 PM there is a Steamship Roast from the Carving Table, Pretzels, Coffee & Tea. We drive ourselves or carpool to Platzl's, which is only about a 20 minute drive from Wyckoff. Cost is \$44 per person. **Dick Botta**, 413D Bromley Place, Wyckoff, NJ 201-848-9001

Oktoberfest directions from Wyckoff or Ramsey area:

Find Rte. 202 east then follow to Rte 306 (about 10 minutes from Suffern, NY). Turn left on Route 306 to Old Rte. 202 for 1/4 mile. Turn left on Call Hollow Rd and proceed about 1 1/4 mile on left is Platzl's.

Arrival time between 10 and 11AM.

Platzl's phone number is 845-354-2111 if you get lost.

If anyone is interested we could start a caravan from WRC parking lot around 10:15 or so. Call **Dick Botta** if interested.

Monday-Dec 17, 2012- Christmas Party at Seasons again this year. It will run from 5:30 – 9:30 PM and cost \$59.00. The reservation forms will be available at the October and November monthly meeting and in the November Newsletter. Checks should be made payable to AU and sent directly to **Terry Gilly**, 709 Highview Drive, Wyckoff, NJ 07481

2013 Thoughts:

Jan: Men only Beefsteak Lunch

Newport-Boston 3-5 day trip

Valentines Dinner—Dance

Newark spring trip



First-Class Mail